

YLMA Taekwondo

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Additional services available at YLMA Taekwondo

- ◆ **Taekwondo Summer Camp:** Designed to give students fun filled week studying WEAPON and other "Fun Stuff".
- ◆ **Demonstration:** We do demonstration for your school, church, organization, workplace, ect!
- ◆ **Birthday parties:** It's easy for parents & Fun for the Kids. [Please ask our staff with more information!](#)

LITTLE TIGERS 4 & 5 YEARS OLD

BELT LEVEL	MON	TUE	WED	THUR	FRI	SAT
LOW (WHITE-YELLOW)	6:00-6:30	3:50-4:20	6:00-6:30	3:50-4:20	3:50-4:20	
HIGH(ORANGE-RED)	6:00-6:30	3:50-4:20	6:00-6:30	3:50-4:20	3:50-4:20	

CHILDREN 6-12 YEARS OLD

BELT LEVEL	MON	TUE	WED	THUR	FRI	SAT
WHITE BELT	5:20-6:00	4:20-5:00	6:30-7:10	4:20-5:00		10:40-11:20
YELLOW BELT	4:40-5:20		4:00-4:40	5:40-6:20	5:00-5:40	11:20-12:00
ORANGE BELT	4:40-5:20		4:00-4:40	5:40-6:20	5:00-5:40	10:40-11:20
GREEN BELT		6:20-7:00	4:40-5:20		5:40-6:20	11:20-12:00
BLUE BELT		6:20-7:00	4:40-5:20		5:40-6:20	10:40-11:20
BROWN BELT	4:00-4:40	7:00-7:40		5:00-5:40		11:20-12:00
RED BELT	4:00-4:40	7:00-7:40		5:00-5:40		10:00-10:40
DEPUTY I BELT	6:30-7:10	5:00-5:40			4:20-5:00	10:00-10:40
DEPUTY II BELT	6:30-7:10	5:00-5:40	5:20-6:00		4:20-5:00	10:00-10:40
BLACK BELT		5:40-6:20	5:20-6:00	6:20-7:00	7:00-7:40	9:20-10:00
SPARRING (FULL GEAR REQUIRED)					6:20-7:00	
DEMO TEAM						12:00-12:40

ADULTS 13 YEARS OLD & UP

BELT LEVEL	MON	TUE	WED	THUR	FRI	SAT
ALL BELT	7:50-8:35	7:40-8:25	7:50-8:35	7:40-8:25		9:20-10:00
SPARRING (FULL GEAR REQUIRED)					6:20-7:00	

FAMILY 6 YEARS OLD & UP

BELT LEVEL	MON	TUE	WED	THUR	FRI	SAT
ALL BELT	7:10-7:50		7:10-7:50	7:00-7:40	7:00-7:40	

